

To parents with children in third grade (spring) and fourth grade (autumn) in Kristiansand municipality

In 2026, Aquarama Bad, working with Kristiansand municipality and other organisations, will continue the successful project "Svømmeglede" ("The Joy of Swimming").

Background:

The project stems from the Norwegian Directorate for Education and Training's revised skills targets for swimming lessons, which were introduced in the autumn of 2015. Studies show that 50% of all 10-year-olds in Norway are not safe in the water and able to swim, and it is in everyone's interest that something is done about this. Our project is intended as a supplement to the municipality's school swimming lessons. The idea is to give children the chance to maintain what they have learned and to develop their swimming skills further through continuous training in the water. Research also shows that regular activity from an early age leads to good habits and prevents life-style diseases later in life.

All students in Svømmeglede-Project are offered:

- Free 12-month membership in AQ Bad for all third-grade children (spring 2026) and fourth-grade children (autumn 2026) in Kristiansand municipality. Note: applies only to calendar year 2026.
- -20% on "fleksibillett" a flexible ticket (10 or 25 visits) for guardians/siblings that applies all days, for one year from the date of purchase. Read more about conditions for flexible tickets at www.aquarama.no/fleksibillett.

Practical matters:

- When will this start? The children can collect their entry band from 2026, at Aquarama. State the name and school of the child at the reception. He/she will be given access to Aquarama Bad every day during opening hours until 31.12.2026.
- What should we do when we want to swim with the child? Then we recommend buying "Fleksibillett" with 20%. You can choose between 10 and 25 visits, and the flexible ticket is valid every day for one year from the date of purchase. Can only be purchased at reception.
- How much does the "Fleksibillett" cost? 10 visits cost NOK 1599 (ord. NOK 1999) and 25 visits cost NOK 2999 (ord. NOK 3749) + NOK 60 establishment including access band. One guardian (over the age of 18) per child must always accompany and bathe with the child. The flexi ticket is not personal, but guardians/siblings must buy a separate access band (NOK 60) which is linked to the card. For example, both guardians, can use the same card, or each have their own.
- Who can accompany the child in the water park/swimming pool? There must be at least one swimming adult over 18 years of age for every four children. Parent cards are not personal, but guardians accompanying a child must purchase their own entry band, which is linked to the card.

A useful tip: please create a customer profil on Min Side

(<https://aquarama.goactivebooking.com/sign-up>) if you have not been registered with us before – it saves us time on registration at the reception. Applies to guardians only. We have registered the child's name through the municipality.

- Svømmeglede swimming class:

During the year, free swimming courses will be set up, please join the group "Aquarama Svømmeglede" on Facebook to be further updated and/or see aquarama.no/svommeglede.

Welcome to an active year at Aquarama Bad!

With best wishes,
Vibeke Holm Ruud, CEO Aquarama.